

SAHAJA YOGA MEDITATION

CENTER

1-866-Y-SAHAJA
(1-866-972-4252)

4565 Sherman
Oaks Av.
Sherman Oaks
CA 91403



class schedule

	S	M	T	W	T	F	S
10AM - 12AM	■						
3PM - 5PM							+
7:30PM - 9PM		●	●	●	✦		+

- Walk-in Meditation
- + Introductory Program in Spanish
- Introductory Program
- ✦ Introductory Program in Farsi

OTHER LOCATIONS:

IRVINE (949) 413-6223
Ektaa Center, 2691 Richter Ave.,
Ste 105, Irvine, CA 92606
Sundays, 4:30 PM

PASADENA
Pasadena Public Library, Hill Av. Branch,
55 South Hill Av., Pasadena
Wednesdays, 7 PM
Please use back entrance.

SANTA BARBARA (805) 231 - 5500
5276 Hollister Ave., Suite 201
Santa Barbara, CA 93117
Tuesdays, 7 PM

www.sahajayogala.org info@sahajayogala.org

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